

RENT The Miller Center



McNaughton Lounge

We have 3 rooms available for rentals with many amenities, including kitchen access and an ice machine.

Call or go online for the contract.
www.pekinparkdistrict.org/rentals

BIRTHDAY PARTIES

LUNCHEONS

FAMILY GATHERINGS

WEDDINGS

BRIDAL SHOWERS

MEETINGS



Rooms A & B



Reflections...

MAY 2024

WOODEN DOOR HANGERS

With Canvas Connections

May 21 @ 1:00 pm
 \$40

- 16 - 18" round
- can be painted in any colors
- NO BOWS OR HANGERS INCLUDED

You must register and choose your design by May 6. Payment due at registration.



COLOR PICTURE OF CHOICES AT THE FRONT DESK

Reflections, the Miller Center newsletter is proudly sponsored by:



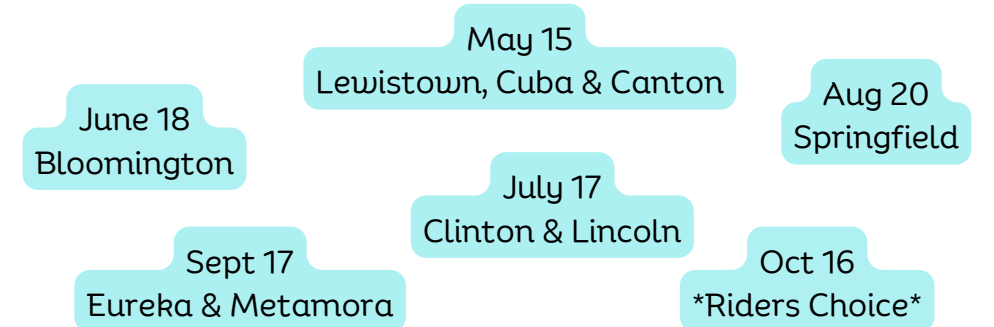
Liberty Village of Pekin



You loved it- we loved it- we're doing it again!
 This year we have 6 more trips.

Seats are limited to 13.

Activity fee is \$25 and must be paid at registration.



Miller Center Major Sponsors

- 50+ News & Views
- Bright Star Care
- Busey Bank
- Cedarhurst of Pekin Senior Living
- CEFCU
- Courtyard Estates of Green Valley
- Elmore Financial Services
- Farmington Village
- Golden Tours
- Health Alliance
- Humana
- ICPR
- John 3:16
- Kyles's Care at Home
- Liberty Village of Pekin, Pekin Manor & Pekin Estates
- OSF Healthcare
- Preston-Hanley Funeral Home
- United Way of Pekin
- Villas of Holly Brook Pekin
- Rescued Heart Animal Hospital

Miller Center Senior Transportation Service

Monday - Friday * 8:00 - 4:00 * 309.346.5210

- Doctor Appointments
- Banks
- Hair Appointments
- Grocery Stores
- Miller Center
- and more!



Miller Center Transportation is partially funded by The United Way of Pekin.

Miller Center engages adults 50+ in active life through active living! Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip. At the Miller Center you will ENJOY YOUR AGE!

NEW DAY SENIOR SERVICES

Center for Youth & Family Solutions offers an outreach program called **New Day Senior Services** to help identify available services and resources for you.

Services are free and available to those 60 years and older.

Some information they can provide is: **Benefit Access Applications, Home Delivered Meals, Legal Services, In-Home Counseling & MORE!**



Megan will be at Miller Center on the 2nd Monday of each month at noon or you can call her at 309-323-6568.

2024 Digital Literacy



Through a partnership with the Heart of Illinois Adult Literacy Center and a grant from the AARP Foundation Digital Skills Ready@50+ we are able to offer computer classes (free of charge) to our 50+ population.

Call Miller Center to register!

The full class schedule is available in the Miller Center lobby.

Money Matters	Wed. May 1	1:30 - 2:30
The internet can open a new world for saving money and managing your finances. This lecture introduces online banking and goes over how to keep your financial information safe. You'll also learn about online shopping and explore some digital resources for saving money on entertainment, prescription drugs and everyday items.		
Using Fact-Checking Sites	Wed. May 8	1:30 - 2:45
This interactive workshop will review the ways you can identify misinformation online. You'll get hands-on practice using fact-checking sites to evaluate and debunk false news.		
Smartphones	Wed. May 15	1:30 - 2:45
During this hands-on workshop, we'll explore some of the common features of smartphones. You'll learn ways to interact with the touch screen, how to access important controls, and how to search for specific settings. We'll also cover some tips and best practices for securing and maintaining your device.		
Exploring & Downloading Apps	Wed. May 22	1:30 - 2:45
During this hands-on workshop, you'll learn how to search for and download apps to your smartphone. Whether you have an iPhone or an Android phone, we'll explore both app stores and cover some helpful considerations for choosing apps. You'll also learn how to uninstall apps and how to adjust some important app settings.		



Get creative at Miller Center!

We have a variety of opportunities to be creative! Drop in and check them out!

- Crafts & Conversation**
- Head to the craft room and create! This group meets every week on **Wednesdays**. The craft room opens at **9:30!**
- Activity fee: \$3

WOODCARVERS

Tuesdays & Thursdays
8:30 * \$3

Come to the Wood Shop and check out this talented group! They'd love to help you get started!

The chief enemy of creativity is 'good' sense.
-Pablo Picasso

Quilt Group

We have several tables and plenty of space to spread out and work on your projects!


Fridays @ 9:00 Activity Fee: \$3

Lapidary


This group meets on Thursday evenings at 6:00pm in the Miller Center Wood Shop. You will use the back entrance. Come see what a lapidarist can do!

Thursdays @ 6:00
Activity fee: \$4

KEEPING connected W/JACKIE



Jackie will be here May 16 at 10:00 in the Craft Room. Please register in advance as space is limited. This month we'll be making these adorable stepping stones!



Thursday, May 16 @ 10:00
This activity is free but registration is required.

Power of Age

The Power of Age Expo 2024

CHANGING THE CONVERSATION ON AGING




THE 4TH TUESDAY EACH MONTH 10:30 -12:00

Space is limited, please register in advance

HOT TOPICS
LOCAL VENDORS
FREE LUNCH

The Power of Age Expo is a program designed to touch on topics that are of interest to our patrons. Each Expo has a scheduled speaker and a lunch sponsor as well as multiple local agencies on site to spotlight their services. The doors open at 10:30am for guests to visit with vendors and find their seats. Lunch is served while you listen to the speaker and there is more time after lunch to check out the vendors and ask questions.

We require advance registration as seating is limited.
Call or stop by to register!

May 28	<u>Funeral Pre-Planning</u>	Lunch is sponsored by 
	<i>Presentation by: Buster Hanley Preston-Hanley Funeral Home</i>	
June 25	<u>My Chart</u>	Lunch is sponsored by An Anonymous Donor <i>Thank you</i>
	<i>Presentation by: OSF</i>	
July 23	<u>Downsizing</u>	Lunch is sponsored by
	<i>Presentation by: Shannon Fonner & Lisa Friedrich</i>	 

GOLDEN TOURS



Golden Tours and Miller Center have partnered for 5 Ultimate Daytrips this year! Below are the first 2, we have books and flyers in the lobby with all 5 trips listed. These trips leave from Miller Center with a fun 'send-off' each time!

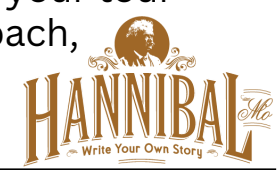
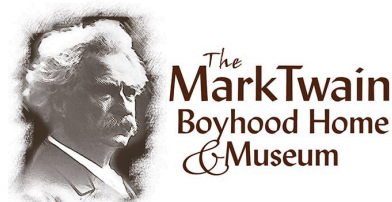
If you have questions regarding the trips or would like to make reservations please call Tracy Ann Drill @ 309-369-3171.

Cruise, Explore & Shop in Hannibal, Mo

Wednesday, May 29, 2024 * 7:00am - 7:30pm

Our day in **Hannibal** will start with visiting several historical locations, we'll have lunch at the *Mark Twain Dinette* then shop in the historical district. Finally, we'll board the Mark Twain Riverboat for a one hour sightseeing cruise on the mighty Mississippi River!

Includes: Luxury Motor Coach, professional driver, Tracy & John as your tour hosts, *Miller Center pick-up location*, activities on the coach, Museum fee, Riverboat ticket and a premium lunch! This all inclusive trip is \$165 per person



Mystery Day Trip

Tuesday, July 30, 2024 * 7:00am - 7:30pm

Come enjoy the First Miller Center Mystery DayTrip! It'll be the 16th DayTrip for Golden Tours with the Miller Center. You're going to love the AWE-Some Adventure that this DayTrip will bring! It will have all your favorites and a great tour showing you something unique. Of course there will be a delicious meal and it wouldn't be complete without some shopping! Gather your friends and join us. We will have something for everyone!

Includes: Luxury Motor Coach, professional driver, Tracy & John as your tour hosts, *Miller Center pick-up location*, activities on the coach, any admission fees & a premium lunch! This all inclusive trip is \$175 per person



Games & Fun

Drop in for games and fun throughout the week! Dates and times are listed below!

BINGO
THURSDAY

9:30 every Thursday
3 cards = \$3
5 cards = \$4



BINGO
TUESDAY

Breakfast BINGO
May 14 @ 9:00
\$5 = 5 cards & hot breakfast



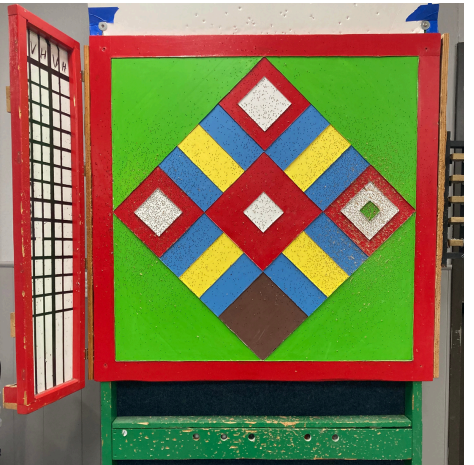
BINGO
THURSDAY

Breakfast BINGO
May 30 @ 9:00
\$5 = 5 cards & hot breakfast



- DOUBLE PINOCHLE**
Mondays @ 4:00
- PINOCHLE**
Tuesdays @ 12:30
- HAND & FOOT**
Thursdays @ 12:30
- EUCHRE**
Fridays @ 12:30

Dartball
Dartball is a game similar to baseball, played with darts and a board. Come in to watch or learn to play ~ we're always looking for more people!
Mon & Wed @ 12:30
\$3 activity fee



You can find events, activities and programs on our Facebook site.
facebook.com/pekinmillercenter



Garden Club
We meet at 6:00 on the 1st Monday of the month (May 6) at Miller Center. This month we are making a craft. In June we hold a Plant BINGO! Stay tuned for more details!

Game Day
Mondays @ 12:30
\$3 activity fee
We have a few tables that play 1500, if that's not your game you can play what you want!

Popcorn Fridays
Come in for a bag of popcorn on Fridays! We make it fresh!
Diana Houlihan, Licensed Sales Agent
Humana

Get moving at Miller Center!

We have several activities that will get you moving and having fun! All are drop in so you can just show up!

LINE DANCING AT MILLER CENTER

LESSONS ON THURSDAYS

Lessons are \$4.
Pay for one class- stay for both!
1:00 Beginner Lessons
2:00 High Beginner Lessons
*come at 12:30 for Learn the Steps

MONTHLY DANCES PARTIES

7:00 -10:00pm * \$7/ per person
May 4 Aug 10 Nov 9
June 8 Sept 14 Dec 14
July 13 Oct 12
coffee * popcorn * tea provided

Square Dances

The Heart of Illinois Bachelor & Bachelorettes Club hold a square dance at Miller Center on the 2nd & 4th Thursdays of the month.

*Dances are \$7 per person / no partner needed

May 9 May 23
Honor Your Mother Memorial Day Dance
(bring her picture)

Rocking with Ruby

May 17 @ 10:00

Ruby leads a chair DANCING class once a month at Miller Center. She has great music and it's always a good time!

Friday, May 17
activity fee is \$3

Exercise w/ Ann

Mon, Wed & Fri @ 9:00 & 10:15 \$3

This is a low impact, chair exercise class led by Ann. Ann plans different activities for each class to get you moving- sometimes she has games or a guest. She's even gone on Exercise Field Trips! Not only will you exercise, you'll make friends and have fun too!



The Walking Club meets on Tuesday & Thursdays. We walk around the park when the weather is nice. When the weather is unpleasant we walk to a video inside. The Walking Club has a yearly membership beginning in June. Join us for a walk and see what you think!

The 2024 season kick-off is in June!

Farmington Village sponsors the walking club.

WHAT'S HAPPENING?

MILLER CENTER SENIOR TRANSPORTATION RESTAURANT FUNDRAISERS

May 22
Avanti's

June 4
Panda Express

Help support our **Senior Transportation Service!** Dine out at the restaurants listed on these dates and our transportation service will receive a portion of the sales!

*flyers are required and are available at Miller Center or on our Facebook page

WOODEN DOOR HANGERS

May 21 @ 1:00 pm \$40

- 16 - 18" round
- can be painted in any colors
- NO BOWS OR HANGERS INCLUDED

*if you choose #3 you can do cat, dog or child (must specify).

You must register and choose your design by May 6. Payment due at registration.

COLOR PICTURE OF CHOICES AT THE FRONT DESK



AARP Smart Driver Course

When you take the AARP Smart Driver™ course, you could be eligible for a multi-year discount on your auto insurance. Plus safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road.

(each class is 2 days, you must attend both days)

REGISTER AT THE FRONT DESK OR CALL US 309-346-5210



\$20 AARP members / \$25 non-members
Pay the instructor



Monday

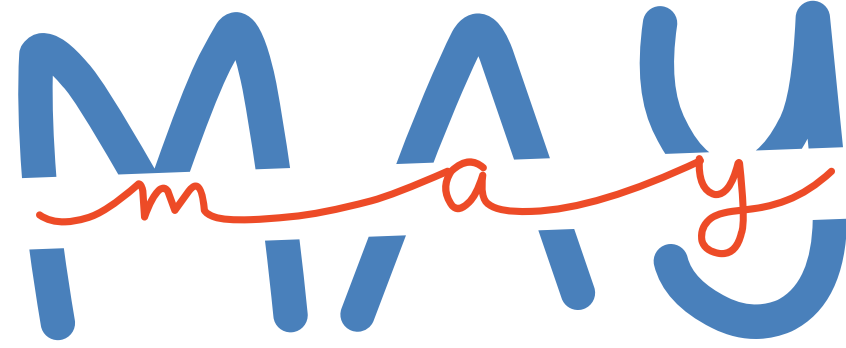
Tuesday

Wednesday

Thursday

Friday

Sat/Sun



1
 8:30 Pool
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball
1:30 Digital Literacy Class

6
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 4:00 Double Pinochle
 6:00 Garden Club

7
 8:30 Pool
 8:30 Wood Carvers
9:30 Matter of Balance
 10:30 Walking Club
 12:30 Pinochle

8
 8:30 Pool
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball
1:30 Digital Literacy Class


13
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 4:00 Double Pinochle

14
 8:30 Pool
 8:30 Wood Carvers
9:00 Breakfast BINGO
 10:30 Walking Club
 12:30 Pinochle

15
 8:30 Pool
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball
1:30 Digital Literacy Class
 7:00 Bottle Collectors
Let's Go Thrifting!

20
 9:00 Exercise w/ Ann
 10:15 Exercise w/ Ann
 12:30 Game Day
 12:30 Dartball
 12:30 Mah Jongg
 4:00 Double Pinochle
AARP Smart Driver Class

21
 8:30 Pool
 8:30 Wood Carvers
 10:30 Walking Club
 12:30 Pinochle
Paint Day!
AARP Smart Driver Class

22
 8:30 Pool
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball
1:30 Digital Literacy Class
 **Fundraiser Night**



28
 8:30 Pool
 8:30 Wood Carvers
~~10:30 Walking Club~~
 12:30 Pinochle
10:30 Power of Age Expo

29 Golden Tour DayTrip
 8:30 Pool
 9:00 Exercise w/ Ann
 9:30 Crafts & Conversation
 10:15 Exercise w/ Ann
 12:30 Dartball

2
 8:30 Wood Carvers
 9:30 BINGO
 10:30 Walking Club
 12:30 Hand & Foot
 12:30 Line Dance Learn the Steps
 1:00 Beginner Line Dance Lessons
 1:00 Miller Melodies
 2:00 High Beginner Line Dance
 6:00 Lapidary

9
 8:30 Wood Carvers
 9:30 BINGO
 10:30 Walking Club
 12:30 Hand & Foot
 12:30 Line Dance Learn the Steps
 1:00 Beginner Line Dance Lessons
 1:00 Miller Melodies
 2:00 High Beginner Line Dance
 6:00 Lapidary
 7:00 Square Dance

16
 8:30 Wood Carvers
 9:30 BINGO
 10:30 Walking Club
 12:30 Hand & Foot
 12:30 Line Dance Learn the Steps
 1:00 Beginner Line Dance Lessons
 1:00 Miller Melodies
 2:00 High Beginner Line Dance
 6:00 Lapidary
 10:00 Keeping Connected w Jackie

23
 8:30 Wood Carvers
 9:30 BINGO
 10:30 Walking Club
 12:30 Hand & Foot
 12:30 Line Dance Learn the Steps
 1:00 Beginner Line Dance Lessons
 1:00 Miller Melodies
 2:00 High Beginner Line Dance
 6:00 Lapidary
 7:00 Square Dance

30
 8:30 Wood Carvers
9:00 Breakfast BINGO
 10:30 Walking Club
 12:30 Hand & Foot
 12:30 Line Dance Learn the Steps
 1:00 Beginner Line Dance Lessons
 1:00 Miller Melodies
 2:00 High Beginner Line Dance
 6:00 Lapidary

3
 8:30 Pool
 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
Popcorn Friday
 Sponsored by: Humana
 Diane Houlihan, Licensed Sales Agent

10
 8:30 Pool
 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
Popcorn Friday
 Sponsored by: Humana
 Diane Houlihan, Licensed Sales Agent

17
 8:30 Pool
 9:00 Exercise w/ Ann
 9:00 Quilting Group
10:00 Rocking with Ruby
 12:30 Euchre
Popcorn Friday
 Sponsored by: Humana
 Diane Houlihan, Licensed Sales Agent

24
 8:30 Pool
 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
Popcorn Friday
 Sponsored by: Humana
 Diane Houlihan, Licensed Sales Agent

31
 8:30 Pool
 9:00 Exercise w/ Ann
 9:00 Quilting Group
 10:15 Exercise w/ Ann
 12:30 Euchre
Popcorn Friday
 Sponsored by: Humana
 Diane Houlihan, Licensed Sales Agent

