

# RENT The Miller Center



McNaughton Lounge

We have 3 rooms available for rentals with many amenities, including kitchen access and an ice machine.

Call or go online for the contract.  
[www.pekinparkdistrict.org/rentals](http://www.pekinparkdistrict.org/rentals)

BIRTHDAY PARTIES

LUNCHEONS

FAMILY GATHERINGS

WEDDINGS

BRIDAL SHOWERS

MEETINGS



Rooms A & B



*Liberty Village of Pekin, Pekin Manor & Pekin Estates*

is a proud sponsor of Reflections,  
the Miller Center Newsletter

309-353-1099

[www.libertyvillageofpekin.com](http://www.libertyvillageofpekin.com)

Not-For-Profit

*Liberty Village of Pekin*



# Reflections...

# JANUARY 2024

## New In 2024!

## MONTHLY LINE DANCE PARTIES

DANCE PARTIES WILL BE HELD ON THE  
SECOND SATURDAYS OF EACH MONTH AT  
MILLER CENTER!

7:00PM – 10:00PM

\$7 PER PERSON

JANUARY 13, 2024

## NEW YEAR DANCE PARTY

WATER ★ TEA ★ COFFEE ★ POPCORN

*There will not be formal line dance lessons at the dances.*

[facebook.com/pekinmillercenter](https://facebook.com/pekinmillercenter)

[pekinparkmillercenter@gmail.com](mailto:pekinparkmillercenter@gmail.com)

[www.pekinparkdistrict.org/facilities/miller-center/](http://www.pekinparkdistrict.org/facilities/miller-center/)

MILLER CENTER - 551 S. 14TH ST - PEKIN, IL. 61554



# Miller Center Major Sponsors

- 50+ News & Views
- Busey Bank
- Cedarhurst of Pekin Senior Living
- CEFCU
- Courtyard Estates of Green Valley
- Elmore Financial Services
- Farmington Village
- Golden Tours
- Health Alliance
- Humana
- ICPR
- John 3:16
- Kyles's Care at Home
- Liberty Village of Pekin, Pekin Manor & Pekin Estates
- OSF Healthcare
- Preston-Hanley Funeral Home
- United Way of Pekin
- Villas of Holly Brook Pekin
- Rescued Heart Animal Hospital

## Miller Center Senior Transportation Service

**Monday - Friday \* 8:00 - 4:00 \* 309.346.5210**

- Doctor Appointments
- Banks
- Hair Appointments
- Grocery Stores
- Miller Center
- and more!

Miller Center Transportation is partially funded by The United Way of Pekin.



*Miller Center engages adults 50+ in active life through active living! Drop by the center to meet with friends and make new ones! Feel active and youthful when participating in the various activities and events offered here. There is always a friendly face to greet you as you enter. Once inside, join friends for a class or one of many games; express yourself through woodcarving and crafts; maintain a healthy body, mind and spirit through exercise classes; or hop on the Miller Center bus for an adventurous day trip. At the Miller Center you will ENJOY YOUR AGE!*

### NEW DAY SENIOR SERVICES

Puzzled by Medicare or in need of community resources? Let the Center for Youth and Family Solutions New Day Seniors Program guide you. CYFS offers an outreach program to help identify available services and resources. Services are free and available to those 60 years and older. Megan will be at Miller Center on the 2nd Monday of each month at noon.



2610 W Richwoods Blvd  
Peoria, IL 61604  
309/323-6568

# WHAT'S HAPPENING?

Have you heard? We're giving away reusable coffee cups! That's right, just GIVING them away! Through a grant from the state of Illinois we were able to purchase reusable coffee cups for our patrons! We will give you one but there is a catch...

We will gladly give you a cup **if** you are willing to take it home with you and bring it back to use at Miller Center. Please note- you will only receive one cup and we are not able to store them at Miller Center. This is **your** new cup!



\*One cup per person \*\*You must keep your cup, we cannot store them here

## PUZZLE DAY

Monday, January 29

There is nothing puzzling about this January 29 holiday. National Puzzle Day celebrates puzzles of all sizes, shapes, and forms. Crossword puzzles and jig saw puzzles are by far the most common. Sudoku, a number puzzle, is the most recent puzzle rage. And, don't forget the ever-popular picture puzzles. There are easy puzzles, and there are puzzles for experts. They fit the needs of every person and every skill level. And, if that's not enough you can do and say puzzling things today.

Puzzles are a favorite pastime of millions of people, young and old. So, what's with this fascination over puzzles? There are numerous reasons for its popularity. For many, doing puzzles is fun. Some people just like the challenge of completing them, and graduating to evermore complex and difficult puzzle-solving levels. For others, it is a way to kill time and eliminate boredom. Others still, do puzzles to keep their mind sharp or to learn new words.

CRAFTS & CONVERSATION

Did you know you can spend almost all day crafting at Miller Center? Wednesdays is “Crafts & Conversation” starting at 9:30 and ending late afternoon. Janet is our leader, she will be here to assist you or lend a hand if needed. Our craft room is stocked FULL of supplies & you are welcome to use whatever you need! Stop in an enjoy some crafts and conversation.

Wednesdays @ 9:30am ~ \$3 activity fee

WOODCARVER GROUP

The wood carvers meet at 8:30 on Tuesdays & Thursdays. They work on projects like carving and wood burning. There is a lot of equipment in our woodshop and some helpful woodworkers! Come in and check it out!

Tuesdays and Thursdays @ 8:30am ~ \$3 activity fee

LAPIDARY

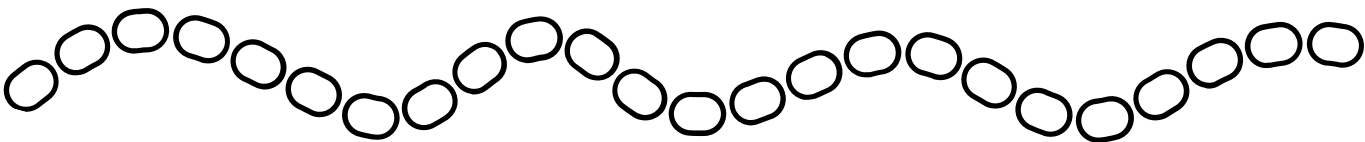
The lapidary group meets at 6:00pm on Thursdays in the woodshop. The back entrance is open, come on in. This group polishes and cuts stones for creative projects. You’d be amazed at the beautiful treasures they create!

Thursdays @ 6pm ~ \$4 activity fee

QUILT GROUP

Our Quilt group meets on Friday morning at 8:30. There is plenty of space available for spreading out your equipment and working on projects. We also have fabric available to make Linus Blankets for children in the hospital. Come on in and see what they do!

Fridays @ 9:00 ~ \$3 activity fee



Important Information: 2024 fee adjustments

Miller Center is funded through tax dollars, sponsorships and revenue generated from programs and activities. With expenses continuing to rise, in January we will be adjusting fees at Miller Center. In 2012 we updated our activity fees to \$1.50 and again in 2020 to \$2.00. Activity fees in 2024 will increase by \$1.00. Please refer to the list below to confirm the new costs.

As always, we will not turn you away for the inability to pay.

BINGO	\$3=3 cards \$4 = 5 cards
Bottle Collectors	\$3.00
Breakfast BINGO	\$5.00
Crafts	\$3.00
Dartball	\$3.00
Dbl Pinochle	\$3.00
Euchre	\$3.00
Exercise w/ Ann	\$3.00
Game Day	\$3.00
Garden Club	\$3.00

Hand & Foot	\$3.00
Lapidary	\$4.00
Line Dance	\$4.00
Mah Jongg	\$3.00
Miller Melodies	\$2.00
Movie Matinee	\$3.00
Pinochle	\$3.00
Pool	\$1.00
Quilting	\$3.00
Wood carvers	\$3.00

We are also increasing the suggested donations for our Senior Transportation Service. Beginning in January, in town rides will be \$4 per trip. If you are taking a round trip in Pekin the new suggested donation will be \$8. Out of town rides will go up to \$11 per trip, so a round trip to Peoria is \$22.

Please remember these are suggested donations and we will not turn anyone away for the inability to pay. However, we ask that you make every effort possible to contribute to the cost of your ride.

In Town	Out of Town
\$4 per trip (\$8 round trip)	\$11 per trip (\$22 round trip)
In Town Wheelchair Transport	Out of Town Wheelchair Transport
\$30 round trip	\$50 round trip



# Games & Fun

## CARDS

**Mondays**  
Dbl Pinochle @ 4:00

**Tuesdays**  
Pinochle @ 12:30

**Thursdays**  
Hand & Foot @ 12:30

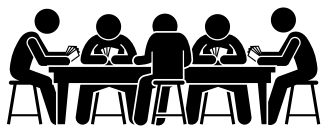
**Fridays**  
Euchre @ 12:30

Activity fee for Cards is \$3

*If there is a card game you'd like to play but isn't on our schedule, just let us know!*

## GAME DAY

Join us for an afternoon of fun! We have a group currently plays a card game called 1500, but we have more space for other games!



Mondays at 12:30  
Activity fee: \$3

## MAH JONGG

Mondays @ 12:30      Activity Fee is \$3

Mah Jongg is a Chinese Tile game that is full of strategy! This fun group can always use more players! They'll even teach you to play!



## Thursday BINGO

We play every Thursday at 9:30am!  
You can choose 3 cards for \$3 or 5 cards for \$4.

**\*THANK YOU TO OUR AWESOME BINGO SPONSORS!\***



Cindy Womack  
Humana Medicare  
Representative  
309.435.9284

Breakfast BINGO is on the 5th Thursday (see below)

## BREAKFAST BINGO

The 2nd Tuesday of each month we have Breakfast BINGO!  
Breakfast starts at 9:00 and we play BINGO at 9:30.

There are 4 months that have a 5th Thursday, on those Thursdays we also have a Breakfast BINGO.

**Breakfast BINGO is \$5**

\*\* preregistration is required for an accurate food count\*\*



# WHAT'S HAPPENING?

## AARP Smart Driver Course

Claim your safe driver discount! When you take the AARP Smart Driver course, you could be eligible for a multi-year discount on your auto insurance.\* Plus safer driving can save you more than just money. The course teaches proven driving techniques to help keep you and your loved ones safe on the road.

Plus, AARP members save over 20% on the classroom course!

January 29 & 30 from 8:30 -12:30

\*2 day course, you must attend both days.



## Digital Literacy

The 2024 Schedule will be out soon! We plan to start classes the 2nd week in January!

## Paint Day

Our next paint day is Feb 6.  
Stay tuned... picture coming soon!



**2024 LAUNCH PARTY**  
**MARDI GRAS STYLE**  
**FRIDAY, FEBRUARY 23 AT 1:00**


Tracy is hosting her 2024 Launch Party at Miller Center on Friday, February 23 at 1:00. We'll hear all about the Golden Tours 2024 Ultimate Daytrips! There are 5 trips exclusive to Miller Center this year! Join us for a fun afternoon Mardi Gras Style!

~ Please RSVP to Miller Center ~






# HEALTH & WELLNESS




## EXERCISE WITH ANN



Monday, Wednesday & Friday  
9:00 & 10:15

This is a chair exercise class where you do as much or as little as you'd like. Ann will keep you going with her engaging routines and music!

*The activity fee is \$3 but your first class is free!*



SPONSORS EXERCISE WITH ANN



## ROCKIN' WITH RUBY



Friday, Jan 12 at 10:00 / \$3

Ruby's chair dancing has been a hit! Stop in and give it a go!

As always, you can do as little or as much as you'd like!



## SQUARE DANCE



Heart of Illinois Bachelor & Bachelorettes hold square dances here twice a month!


Jan. 11 & Jan. 25  
\$6 per person

## LINE DANCE LESSONS

Dana offers 2 classes on Thursdays. Both classes are for beginners, one is very basic and the other is more of a beginner class.

Classes are \$4 per person and if you choose to stay for the 2nd class it is free!

1:00 beginner Beginners Class  
2:00 Beginners Class



## LINE DANCE PARTIES

*We are excited to announce monthly Line Dance Parties starting in 2024! Dances will be on the 2nd Saturday of each month from 7:00 -10:00.*

*\$7 per person*

Jan 13	New Year's Dance Party
Feb 10	Valentine's Dance Party
March 9	St. Patty's Dance Party

No need to register, just come on in and dance the night away!

There will not be Line Dance instruction at the dance. Lessons are on Thursday afternoons.

# Power of Age

## The **Power** of Age Expo **2024**

CHANGING THE CONVERSATION ON AGING

THE 4TH TUESDAY EACH MONTH 10:30 -12:00

*Space is limited, please register in advance*

HOT TOPICS  
LOCAL VENDORS  
FREE LUNCH

January 23

"A New Year of Self Care"


Presented by: Karen Leeman

Soul Care - a division of Resonate Skincare

The Power of Age Expo is a program designed to touch on topics that are of interest to our patrons. Each Expo has a scheduled speaker and a lunch sponsor as well as multiple local agencies on site to spotlight their services. The doors open at 10:30am for guests to visit with vendors and find their seats. Lunch is served while you listen to the speaker and there is more time after lunch to check out the vendors and ask questions.


The Power of Age Expo takes place on the 4th Tuesday of each month (unless noted) right here at Miller Center. Lunch is prepared by TCRC and a different agency sponsors every month so that your lunch can be free.

We require advance registration as seating is limited.  
Call or stop by to register!











**Is there anything specific you'd like to learn more about?**

**Let us know!**



Monday	Tuesday	Wednesday
<b>1</b> 	<b>2</b> 8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> 10:00 Walking Club 12:30 Pinochle	<b>3</b> 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 10:15 Exercise w/ Ann 12:30 Dartball
<b>8</b> 9:00 Exercise w/ Ann 10:15 Exercise w/ Ann <b>12:00 New Day Senior Services</b> 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 4:00 Double Pinochle	<b>9</b> 8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> <b>9:00 Breakfast BINGO</b> 10:00 Walking Club 12:30 Pinochle	<b>10</b> 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 10:15 Exercise w/ Ann 12:30 Dartball 
<b>15</b> 	<b>16</b> 8:30 Wood Carvers 10:00 Walking Club 12:30 Pinochle	<b>17</b> 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 10:15 Exercise w/ Ann 12:30 Dartball <b>1:30 Book Club</b> <b>7:00 Bottle Collectors</b>
<b>22</b> 9:00 Exercise w/ Ann 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 4:00 Double Pinochle	<b>23</b> 8:30 Wood Carvers <del>10:00 Walking Club</del> <b>10:30 Power of Age Expo</b> 12:30 Pinochle	<b>24</b> 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 10:15 Exercise w/ Ann 12:30 Dartball
<b>29</b> 9:00 Exercise w/ Ann 10:15 Exercise w/ Ann 12:30 Game Day 12:30 Dartball 12:30 Mah Jongg 4:00 Double Pinochle 	<b>30</b> 8:30 Wood Carvers 10:00 Walking Club 12:30 Pinochle <b>1:00 Movie Matinee</b>	<b>31</b> 9:00 Exercise w/ Ann 9:30 Crafts & Conversation 10:15 Exercise w/ Ann 12:30 Dartball
		

Thursday	Friday	Sat/Sun
<b>4</b> 8:30 Wood Carvers <b>9:00 Fit &amp; Strong</b> 9:30 BINGO 10:00 Walking Club 12:30 Hand & Foot 1:00 Line Dance 1:00 Miller Melodies 2:00 Line Dance 6:00 Lapidary	<b>5</b> 9:00 Exercise w/ Ann 9:00 Quilting Group 10:15 Exercise w/ Ann 12:30 Euchre 	<b>6</b> 
<b>11</b> 8:30 Wood Carvers 9:30 BINGO 10:00 Walking Club 12:30 Hand & Foot 1:00 Line Dance 1:00 Miller Melodies 2:00 Line Dance 6:00 Lapidary <b>7:00 Square Dance</b>	<b>12</b> 9:00 Exercise w/ Ann 9:00 Quilting Group <b>10:00 Rocking with Ruby</b> 12:30 Euchre 	<b>13</b> 
<b>18</b> 8:30 Wood Carvers 9:30 BINGO 10:00 Walking Club 12:30 Hand & Foot 1:00 Line Dance 1:00 Miller Melodies 2:00 Line Dance 6:00 Lapidary	<b>19</b> 9:00 Exercise w/ Ann 9:00 Quilting Group 10:15 Exercise w/ Ann 12:30 Euchre 	<b>20</b> 
<b>25</b> 8:30 Wood Carvers 9:30 BINGO 10:00 Walking Club 12:30 Hand & Foot 1:00 Line Dance 1:00 Miller Melodies 2:00 Line Dance 6:00 Lapidary <b>7:00 Square Dance</b>	<b>26</b> 9:00 Exercise w/ Ann 9:00 Quilting Group 10:15 Exercise w/ Ann 12:30 Euchre 	<b>27</b> 
<b>JANUARY</b>		