

Stick & Puck Ice at Veterans Memorial Arena

Stick & Puck is designed for skaters to practice individual skills, such as skating, shooting, and passing. Scrimmages are not allowed during Stick and Puck Ice.

- Only authorized personnel may teach lessons on Stick and Puck Ice.
- Stick and Puck Ice is for skills practice only. This is not a rat or pick-up hockey session. There will be no scrimmages, no one on ones, no two on ones, etc.
- Skates, helmet, face mask, and hockey gloves must be worn during Stick and Puck Ice. Adult players, age 18 and over must wear a helmet, face mask is optional. All persons under the age of 18 must full hockey equipment with face protection. No one may assume the role of playing the goalie position without wearing the appropriate goalie equipment.
- Players must sign in and pay before stepping on the ice. Players that fail to do so will be asked to leave the ice and sign-in. Repeat offenses may lead to ejection from the rink.
- Each session has a start and end time. Players may not go out earlier than their paid session start time. Players must leave the ice when their session ends regardless of when they got on the ice.
- Please label all personal belongings and equipment for identification purposes and keep them in your hockey bag.
- Hockey pucks are not provided. No white pucks or weighted orange pucks are allowed.
- Care and right of way must be given to authorized coaches.
- Music is not to be played during developmental hockey.
- Walking on the ice in street shoes is prohibited. You must have skates on.
- No skate aides on the ice unless pre authorized by Rink Management.
- No double blade skates are allowed on the ice.
- No food or gum is allowed on the ice.
- No spectators are allowed in the hockey boxes.
- All doors are to remain closed while pucks are on the ice.
- No player may take off his/her helmet or raise his/her face mask while on the ice or in the boxes.
- Do not shoot if the door behind the net is open.
- Players may not involve themselves in activities which could alter the ice surface or damage the arena.
- Pucks must be off the ice at the close of the session. Nets are to be pushed to the exit door where the nets are stored by the end of the session.
- Rude or unsportsmanlike behavior and/or language will not be tolerated and may result in expulsion from the ice. Management reserves the right to terminate the disruptive or rude behavior.

Rat Hockey at Veterans Memorial Arena

- Rat Hockey (aka Pick-up or Open Hockey) is designated scrimmage ice time open to the public. Players sign up and split into teams on their own. There is no checking allowed. Players officiate themselves.
- Rat Hockey sessions are open to players of all skill levels and abilities in the appropriate age level for the session wishing to skate. Adult Rat Hockey is for players age 18 and over. Players age 16 & 17 may also skate but must have a parent or guardian sign the waiver for that session.
- Players must sign in and pay before stepping on the ice. Players that fail to do so will be asked to leave the ice and sign-in. Repeat offenses may lead to ejection from the rink.
- Hockey pucks are not provided. No white pucks or weighted orange pucks are allowed.
- All doors are to remain closed while pucks are on the ice.
- Pucks must be off the ice at the close of the session. Nets are to be pushed to the exit door where the nets are stored by the end of the session.
- Rude or unsportsmanlike behavior and/or language will not be tolerated and may result in expulsion from the ice. Management reserves the right to terminate the disruptive or rude behavior.
- Fighting or other aggressive or intimidating behavior will not be tolerated. Fighting will lead to suspension from future Rat Hockey sessions for a minimum of 1 month and can lead to suspension for the entire season or longer.

Rat Hockey Equipment Rules

Full equipment is required:

- Helmet (must be equipped with facemask for skaters under 18) (HECC approved)
- Shoulder Pads
- Elbow Pads
- Shin Guards
- Hockey Gloves
- Hockey Pants
- Cup
- Hockey Sticks (ice)

Freestyle Practice Ice at Veterans Memorial Arena

- Freestyle practice ice is special practice time set aside for figure skaters. Skaters and coaches must sign-in in the Recreation Office or Check-in Counter for attendance and waiver. All freestyle rules and procedures apply.
- Skaters must sign in and pay before stepping on the ice. Players that fail to do so will be asked to leave the ice and sign-in. Repeat offenses may lead to ejection from the rink.
- Private Lesson Coaches must be approved by Rink Management and furnish Veterans Memorial Arena / Pekin Park District with a certificate of liability insurance prior to attending a freestyle session. Coaches who will be using the jump harness must, in addition to furnishing a certificate of liability insurance, must complete a jump harness training course.
- Home Rink Coaches required to commit time to our in house Learn to Skate (LTS) programs. The minimum requirements for these coaches are: available to teach each session of Learn to Skate in 2 of the 3 class times offered.
- Coaches who do not meet the Home Rink Coach requirements and coaches who travel from surrounding areas for special events (competitions & test sessions) will be considered Visitor Coaches. Visitor Coaches are required to pay a coaching fee of \$4.00 for every freestyle session a lesson is taught and must pay before each session.
- The skater whose music is being played has the right-of-way. All other skaters must keep their eyes open for the person skating to their music. Basic skills skaters who are not capable of quickly moving out of the way should freeze when the right of way skater is near them (*6 feet*). Every skater pays the same amount to skate on a freestyle session; therefore all skaters are entitled to equal use of the ice.
- Skaters may not stand at the boards for a lengthy amount of time. Talking and standing at the boards should be kept to a minimum.
- Parents, siblings, and spectators are not permitted in the player benches. Parents/spectators must view the freestyle session from the bleacher or lobby area. Parents are not permitted to coach skaters from rink side.
- All skaters & coaches are expected to behave in a positive manner when on the ice. Skaters/coaches who exhibit bad behavior will be asked to leave the ice with no refund.
- All skaters, coaches and parents (or guardians) are expected to be respectful towards each other and follow the policies listed above as well as general rink policies. Skaters and coaches are expected to work cooperatively to share the ice space without disrupting each other. Skaters/Coaches should not address any issues or concerns directly to fellow skaters or coaches. If a coach or skater has an issue please report to Rink Management after the freestyle session